<u>Personal, Social and Emotional Development</u> (<u>PSED</u>) - Health and wellbeing and basic needs

We will be learning about:

- our safety, health and wellbeing
- taking responsibility for washing and cleaning teeth
- describing ourselves in positive terms
- the need to exercise to keep healthy
- what healthier foods to eat & make healthy choices
- sleeping well
- why we need to wash our hands
- stranger danger

Communication and Language (C&L)

We will be learning to:

- listen to and talk about stories
- describe events in some detail
- give a connected account of events or experiences, using language of 'first', 'next' and 'then'
- understand plurals in sentence structures
- articulate ideas and thoughts in wellformed sentences
- extend vocabulary

Physical Development (PD)

We will be learning to:

- further develop and refine a range of ball skills including: throwing, catching, kicking, passing, and aiming
- copy a sequence of gross motor movements
- develop the foundations of a handwriting style
- handle tools, objects, construction and malleable materials safely with increasing control and intention

Maths

Pupils will:

- continue to develop their subitising and counting skills and explore the composition of numbers within and beyond 5.
- begin to identify when two sets are equal or unequal and connect two equal groups to doubles.
- begin to connect quantities to numerals.
- use different measures
- recognise some number patterns
- compose and decompose shapes to fine shapes within shapes

Events

Dressing up as people who help us

Reception Spring 1

Who helps us to stay safe,

healthy and well?

<u>Literacy</u>

We will be learning to:

- blend green CVC words with ch, sh, th, qu, ng, nk
- read phrases including a few red words, in ditty sheets and red books.
- talk about texts heard and talk about book language e.g. title, author, contents
- retell stories using a story map and actions
- continue a rhyming string and identify alliteration
- write some red words in phrases with finger spaces and most letters correctly formed
- write first name correctly
- attempt to write labels & captions independently

Understanding the World (UW)

We will be exploring:

- People who help us stay safe & healthy today & in the past
- stories about people in the past & how they helped inc. Nightingale, Jenner and Curie
- information in a map of our school
- keeping fit and healthy
- names of body parts & function
- how our bodies grow and change over time
- good habits to stay safe, fit and healthy
- the importance of hygiene including oral hygiene
- Explore the stories and rituals of Holi, Passover, Ramadan and Easter. Establish that people have different beliefs and celebrate different times in different ways.

Books

- Cops and Robbers
- How to catch a star
- The very hungry Caterpillar
- Perfectly Norman
- Hug-less Douglas

Expressive Arts and Design (EAD)

We will be learning to:

- Draw a range of fruit and vegetables whole & half.
- Explore the technique of printing with fruit
- Explore loose parts art and use to make images of people, plants, animals.
- Make 3D models of caterpillars and butterflies.
- Make an emergency vehicle model.
- Plan and make a simple fruit salad and heathy crudité.
- Grow cress and make egg and cress sandwiches
- Listen to a wide variety of musical styles.
- Perform simple dance-like steps to music