

Curriculum Enrichments...

Breakfast Workshop for Hedgehogs Class

Year 2 children had a breakfast workshop delivered by The Newbury and District Agricultural Society this week. They learnt all about the importance of having a healthy breakfast and had a great time making and tasting fruit smoothies and porridge. They also got to milk Buttercup the cow and plant their own seeds.



Healthy Living with South Hill Park and the NHS

Children in Falcons have had a wonderful morning learning about the many types of different fruits and vegetables we eat as part of our collaboration with South Hill Park and the NHS. They learnt to sketch and then improve their fruit and vegetable superheroes. The children are all very excited as their characters are going to be animated too!

Year 3&4 – Egyptians

This week, children in Years 3&4 have begun their learning of what life was like in Ancient Egypt. The children have been discussing why the river Nile was so important to the survival of the Egyptian empire and taken a guess when answering the question 'Who built the pyramids?' We are looking forward to uncovering lots more facts over the next week!



Year 5&6 - History

This week in Tigers the children have been learning about the Blitz and the impact upon London. To support this, they have completed some artwork creating search lights and silhouettes. In Panthers and Lions classes, we have started our history unit looking at the fall of the Roman Empire and the reason the Anglo-Saxons came to Britain. Children completed their own research on

the laptops and created fact files to record their findings.

Do you or anyone you know have a **Learning Disability** or **Autism**?



We know that some people with **autism** or a **learning disability** can find it hard to use health services.

There is a legal obligation on health services to make changes, so that everyone can access and benefit from the relevant services, where these changes can be accommodated.

These changes are known as Reasonable Adjustments.

A reasonable adjustment may just be a small change, which, will make things easier for you to attend your medical appointments.

We need you to tell us what changes we can make to make our services more accessible for you. We will then put a note on your health record saying what changes you need.

If the person this form relates to lacks capacity to answer these questions, please speak to someone who knows them well to support them to complete the form in their best interest.

Please ask the receptionist at your GP Practice for a request form.

Alternatively, you can print the form from the following link or use the QR code.

<https://www.frimleyhealthandcare.org.uk/your-health/learning-disability-and-autism/>



When you have completed the form, please submit it to your GP Practice.

Thankyou!

We have been asked to share the following information about a project called the 'Reasonable Adjustment Digital Flag Project' which aims to improve the experiences of individuals with learning disabilities and autism of all ages when visiting GP practices and hospitals.

Diary Dates

| JANUARY 2025 | |
|----------------------------|---|
| Wednesday 29 th | <p>Reception: Family Learning Maths 'Magic Pebbles' Workshop – 1.45-3.10pm</p> <p>First Days Charity 'Pop-up' Coat Event offering warm winter coats, hats, etc – 3.00-4.00pm</p> |
| | <p>Year 4: Multiplication Check Parent Information Meeting – 2.45pm (in-person) or 5.45pm online – click here for letter</p> |
| Thursday 30 th | <p>FroGS PTA: PTA Meeting to discuss upcoming events – 6.00-8.00pm enter via main school reception</p> |
| Friday 31 st | <p>Year 1: Windsor Castle Trip – click here for letter</p> <p>SEN Coffee Morning with MHST – 9.00-10.00am</p> |

FEBRUARY 2025

| | |
|---|--|
| Monday 3 rd – Friday 7 th | Children's Mental Health Week |
| Friday 14 th | Years 5&6: VE Day Party – details to follow |
| Monday 17th to Friday 21st | HALF TERM BREAK |
| Thursday 27 th | SEN Coffee Morning with MHST – 9.00-10.00am |
| Friday 28th | INSET DAY – Pupils not in school |

MARCH 2025

| | |
|----------------------------|---|
| Thursday 6 th | World Book Day |
| Wednesday 12 th | Nursery: Family Learning Maths 'Washing Lines' Workshop – 9.00-10.30am |
| Thursday 13 th | Year 3: Family Learning English 'SPaG' Workshop – 9.00-10.30am |
| Friday 14 th | Year 4: Family Learning English 'SPaG' Workshop – 9.00-10.30am |

Please note that our Term Dates for 2025-26 are on our website here: [Term Dates 25-26](#)



We have just released another 2 new dates for our workshops.

ADHD Teens

Hosted by Parenting Special Children: Exploring the challenges and concerns, strengths and opportunities. Supporting our teenagers through change and managing risks. Identity, Self-Esteem, Independence and Responsibility. Staying Connected - Communication and Relationships.

ADHD SUPPORT

Parents & carers of secondary school aged children. Suitable for parents & carers who have previously attended ADHD courses.

Online: Thursday 27th March 2025 - 7pm - 9pm

Booking link : <https://parentingspecialchildren.co.uk/events/teens-and-adhd-berkshire-east-mar-2025/>

Sleep - Autism & ADHD

Hosted by Parenting Special Children: The workshop will cover: Children's sleep cycles and sleep needs, The reasons behind night settling and night waking, Strategies to feel less stressed when sleep training, new parenting strategies for settling your child to sleep, and staying asleep.

AUTISM and or ADHD

For Parents & carers of pre school, primary & secondary school aged children.

Online: Wednesday 5th February 2025 - 7 - 9pm

Booking link : <https://parentingspecialchildren.co.uk/events/sleep-autism-adhd-berkshire-east-feb-2025/>

Please note that these workshops are hosted by Parenting Special Children but funded by GEMS, you will need to create an account with Parenting Special Children using the links provided.

WINTER COAT EVENT

3 - 4pm

GREAT HOLLANDS PRIMARY SCHOOL

WEDNESDAY 29th JANUARY

COATS

WELLIES

SCARVES

GLOVES

HATS

We will be in the square outside The William Twigg, so pop by and see us!



Judo For Schools



GREAT HOLLANDS PRIMARY SCHOOL

WEDNESDAY, STARTING 15TH JANUARY TO 12TH FEBRUARY 2025
TIME FROM 3:15 TO 4:15 PM

THE COST FOR THE COURSE IS £32.50 FOR 5 WEEKS

All bookings are made via email to: JudoForSchools@judoclubosaka.com

Please include the following information in your email:

Subject Line of email: <Name of school>

Student's Name: Year Group & Class:

Any medical/allergy information or anything else that we need to know about:

My child will be collected from the school hall.

Emergency Contact Details:

Your Name: Phone Number:

Second Contact Name: Phone Number:

Payment Method: Bank Transfer

Payment will be via bank transfer. Details of how to pay will be forwarded to you once the place has been confirmed. Failure to pay before the start of the course will forfeit the place.

Please note that places are limited to 30 students per course; places will be allocated on a first-come-first-serve basis, as we operate an ongoing progressive course. You will be notified by email as to whether your child has a place or not.

Once your child has a place, they should wear jogging bottoms and preferably a long sleeved t-shirt. It is also advisable that your child has a named water bottle with them.

By applying for a place you are accepting that Judo For Schools coaches cannot be held responsible for injury or loss/damage to personal property.

Judo For Schools is compliant with the EU GDPR legislation.
The data collected is for our use only and never shared with any third parties.



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EVERYONE WELCOME

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